

Date: 11/14/2009

Subject: KAC Information

Hello KAC Families,

I know the coaches are looking forward to getting started on Monday and several of the kids I have talked with are excited as well. We have received quite a few registrations in the mail, but we expect many more during the first week of practice. In fact, we expect Monday (and maybe Tuesday) to be a little crazy. Therefore, we all thought it would be helpful to get a message out to let everyone know what to expect. So, here goes....

1. We will begin registration at 6:30 Monday evening. We recommend that the 10& under families register beginning at 6:30 in preparation for the 7:00 pm start time for practice (the middle school team is practicing from 5:00 to 7:00 during the first week). Practice will move to the normal time of 6:30 the following week.
2. For those who have swimmers age 11 & up, you may want to arrive later in the evening to register. Practice for this group will be 8:00 pm to 9:00 pm during the first week and return to the normal 7:30 start time next week. We recommend arriving closer to 7:30 pm for registration.
3. We will have sample t-shirts for sizing purposes available.. Please take a moment to check your child's proper size at some point.
4. Josh Welles (our Head Coach) and Jessie Wortman (Asst. Coach) also coach a high school women's team. They are finishing up their high school season with a few swimmers going to the state meet. We will plenty of other coaches available, but it is likely that Coach Josh and Jessie will split their time during the week between KAC and the high school team. They will return next week to give KAC their full attention. **Due to this and a business commitment for one of the other coaches, we will not have practice on Friday this week.**
5. Please expect the first week to be a little chaotic. We expect a lot of kids, with many of them being new to the sport of swimming. It will take a while to organize the kids in to the proper groups (according to skill level), which will be a primary focus for the coaching staff during the first several practices. Rest assured that the coaches have been through this many times before. It won't take long for everyone to figure everything out. Before you know it, things will flow like clock work!
6. The kids will be using the athletic locker rooms on the South side of the pool. These are the same locker rooms we have used in the past. Each child should bring a swim suit (one piece is best), goggles, and towel.
7. We cannot allow shoes on the pool deck. Please be sure to have your child remove their shoes prior to entering the pool area. We also ask that parents refrain from entering the pool deck if at all possible. You are welcome to enter the stands and watch practice from that vantage point. However, there will be several people from the Parent Committee around to answer your questions. You should also feel free to ask the coaches any questions you have as the season gets under way.
8. We will be organizing a parent meeting for Monday, November 30. We would like all

parents to attend if possible. More information on this meeting will be sent later.

9. Lastly, we will update our email list as soon as possible after the completion of registration. This will remove your name from the list if you will not be participating this year. Thanks for your Patience with this process.

We all look forward to another great KAC season and to seeing all the kids (and families) beginning Monday!

KAC Coaches and Parent Committee