

Date: 11/23/2009

Subject: KAC Practices and Other Information

Everyone,

Given that this week is Thanksgiving week, we will be holding KAC practice on Monday, Tuesday and Wednesday. **All practices for the 10 & under group will start at 6:30pm and run until 7:30pm. All practices for the 11 & up group will start at 7:30pm and run until approximately 9:00pm.** The pool will be closed Thursday and Friday. We understand that Wednesday may be a difficult day for some, but felt it was important to get as many practice opportunities as we could. We would also like to remind/inform you of the following:

1. The kids should enter and leave through the classroom whenever possible. Also, street shoes are not permitted on the pool deck. Please remove all shoes before entering the deck.
2. Please keep in mind that the kids should generally not wear jewelry in the pool, unless it is for medical purposes. The WMSL does not allow jewelry during any swim meets, so not wearing jewelry to the pool would be a good habit to get in to.
3. You can also check our website www.kentwoodaquaticsclub.com to find the Parent Handbook and the KAC calendar if you have any questions about rules, schedules, general information, etc. We encourage you to read over the Parent Handbook that is posted on the site. It is full of answers to the most frequently asked questions. The website was down temporarily on Sunday, but appears to be functioning again by Monday.
4. We will have a meeting for parents on November 30th in the West Wing Cafeteria at the high school. We will have two separate meeting times which will be 6:30pm and 7:30pm. We ask that at least one parent for each swimmer attend one of these meetings. It is a great opportunity to ask questions if you have them.
5. Our KAC "Rock the Blocks" invitational meet is scheduled for December 12th. We will have signup information available very soon. We hope everyone will plan to participate if at all possible. We will also need a lot of volunteers for this meet. Volunteer signup sheets will be posted in the pool classroom soon. Please help if at all possible. This is our primary fundraiser and assists us greatly in helping to keep the cost of our program at a minimum.
6. We are planning for a "Mock Meet" on Friday December 4th. This a practice run like a meet for everyone to experience the meet setting. All kids will practice beginning at 6:00 or 6:30 (exact time to be determined) until the end of the meet. It is a great experience for anyone new to competitive swimming. Please plan to attend if possible. Again, signups will be available soon.

We will be getting out more information as soon as possible regarding all of the above events, but please don't hesitate to ask any questions you may have.

Thanks,

KAC Coaches and Parent Committee